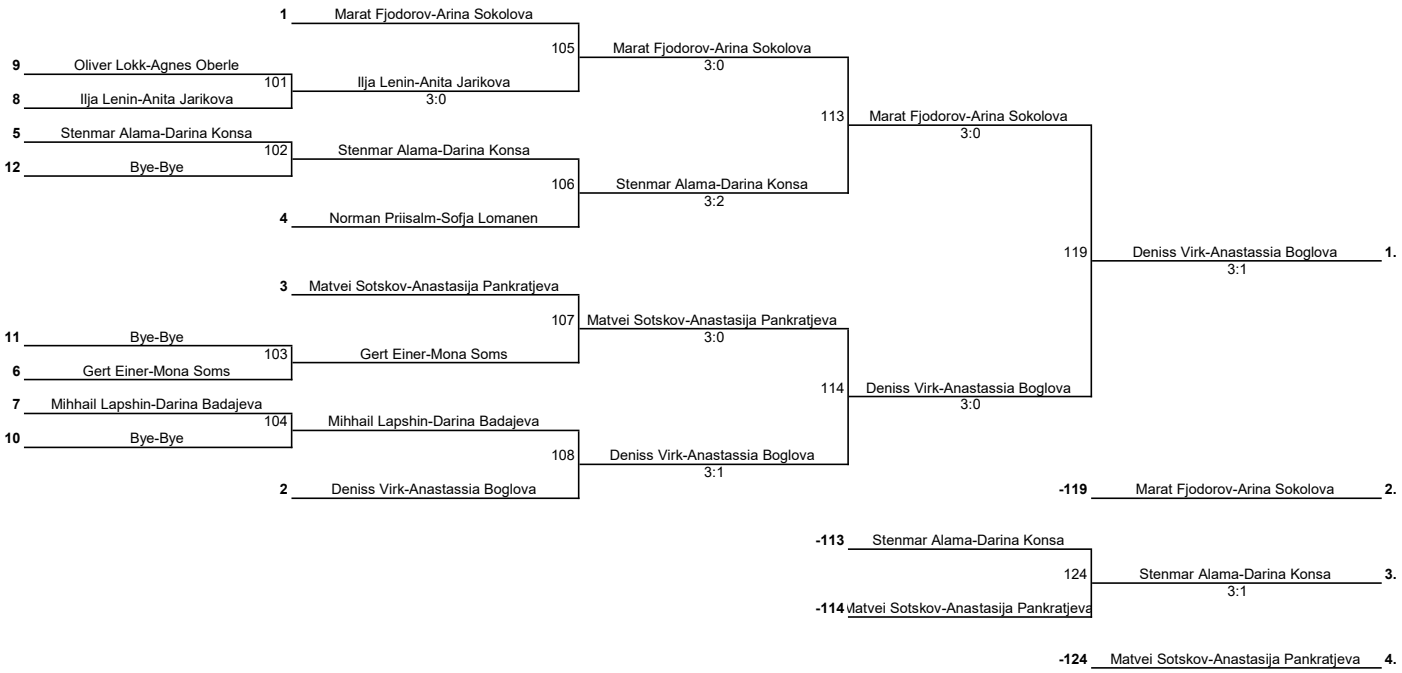PLUSSRING U13 SEGAPAARISMÄNG